

# Use Water, Not Toilet Paper

I've stopped using toilet paper one year ago.

Why are we so obsessed with toilet paper? Does it really make sense to cut down trees, manufacture paper by truckloads, only to flush it down pipes, then filter it out again and burn it?

Turns out, the [majority of the human population](#) is using water, not toilet paper.

It takes a few days to get used to it, but it's so much softer and cleaner.

Don't just accept the status quo. Question it. Find a better way. Using water instead of toilet paper is a great example.

What else do we need to challenge?